





Napanee District Secondary School

Hawks Family Update

Dear NDSS Students and Families,

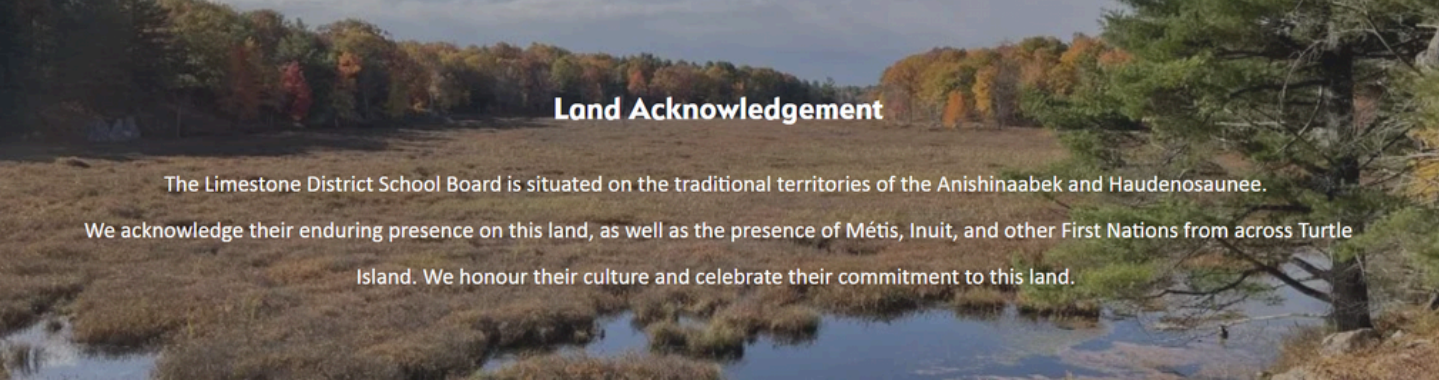
As we begin October we would like to thank our students, staff, families, and community for helping make the opening month of the school year so positive and successful. September was filled with meaningful opportunities for learning, leadership, school spirit, and community connection. Our Hawks participated in our Terry Fox Event, raising an impressive \$1,808.20 for cancer research, explored future career pathways at the Level Up Skilled Trades Career Fair, welcomed post-secondary representatives, and recognized the National Day for Truth and Reconciliation Orange Shirt Day. Our clubs, athletics, music ensembles, Student Council, and Better Together activities are also underway, providing many opportunities for students to become involved and feel connected to our school community.

October promises to be another busy and exciting month. We look forward to Spirit Week from October 5 to 9, continued fall athletics, post-secondary planning opportunities, arts and music activities, and many more ways for students to participate in life at NDSS. As the semester gains momentum, we encourage students to continue attending regularly, arriving on time, remaining engaged in their learning, and seeking support whenever it is needed.

We would also like to remind families that Monday, October 12 is Thanksgiving, and the school will be closed. We hope the Thanksgiving break provides everyone with an opportunity to rest, recharge, and spend meaningful time with family and friends. We are grateful for the energy, kindness, generosity, and Hawk pride that our students and families bring to NDSS each day. We wish everyone a safe and enjoyable Thanksgiving weekend and look forward to welcoming students back on Tuesday, October 13, which is also Photo Retake Day.

Paul MacDonald, Principal

Beth Hasler, Vice-Principal



Land Acknowledgement

The Limestone District School Board is situated on the traditional territories of the Anishinaabek and Haudenosaunee.

We acknowledge their enduring presence on this land, as well as the presence of Métis, Inuit, and other First Nations from across Turtle Island. We honour their culture and celebrate their commitment to this land.



Semester 1 Staff

Name	Department	Name	Department
Aldred, Amy	Teacher - STC	Marriott, Susan	Teacher - Comms/Arts
Alfredsson, Charles	Dept. Head - Science	Mason, Nathan	Teacher - Math
Ardern-Fauteux, Taigan	Teacher - HAL	McNaught, Erika	Teacher - Science
Barrett, Ricki	ACW	Miller, Chad	Teacher - Math
Benn, Maddie	Clerical - Budget	Mills, Brent	Dept. Head - HAL
Blancher, Kae	Teacher - CWS/BLCS	Minor, Rachel	Teacher - Math
Brinkman, David	Dept. Head - Tech.	Morrow, Nicole	Student Success
Brooks, Pamela	Teacher - Library	Mulholland, Briana	Teacher - HAL/Comms
Butcher, Donna	Educational Assistant	Nash, Fraser	Teacher - GAP
Campeau, Matthew	Teacher - Coop	Newstead, Michael	Teacher - STC
Carmichael, Elizabeth	Teacher - CWS/HAL	Noble, Nicholas	Teacher - CWS
Chowen, Samantha	Teacher - Science	Oster, Glen	Teacher - Arts
Clark, Brock	Caretaker	Paul, Caralee	Teacher - Science/Math
Cassibo, Tina	Caretaker	Paupst, Wesley	Teacher - Comms
Clement, Vicki	Clerical - Attendance	Rose-Hartwick, Lisa	Dept. Head - Student Support
Collard, Todd	Teacher - Guidance	Satnik, Marcy	Dept. Head - Arts
Coombs, Shannon	Educational Assistant	Savage, Nancy	Dept. Head - BLCS
Detlor, Eva	Educational Assistant	Schunk, Jennifer	Educational Assistant
Dewey, Sarah	Teacher - Comms/CWS	Shelley, Gloria	Head Caretaker
Dunham, Mark	Teacher - CWS	Shurtliffe, Sarah	Caretaker
Ferraro, Stefan	Teacher - Tech/Alt Ed	Siemonsen, Lacey	Dept. Head - Alt Ed
Fumerton, Jesse	Teacher - Arts	Spencer, Brooke	Teacher - Alt Ed
Gaffney, Delma	Clerical - Guidance	Stinson, Heather	Teacher - Science
Gorzen, Jan	Teacher - Comms/BLCS	Truesdell, Diana	Vice Principal
Gunn, Gillian	Social Worker	Van Der Heyden, Frances	Teacher - Science/HAL
Hale, Devon	Dept. Head - CWS	Van Hoek, Kelly	Teacher - STC
Harpell, Bradley	Teacher - Tech	Virgo, Marc	Teacher - Tech
Hart, Kaitlyn	Teacher - BLCS	Walker, Brooke	Teacher - Comms
Hartwick, Michael	Teacher - Support/CWS	Walker, Kevin	Teacher - STC
Harvey, Jon	Teacher - HAL	Walker, Krista	Teacher - HAL
Hasler, Beth	Vice Principal	Wicklam, Ronda	Clerical - Office Manager
Heaton, Brian	Teacher - BLCS/CWS	Williams, Emily	Teacher - Arts
Helsby, Amy	Dept. Head - Comms	Williams, Logan	Teacher - Tech
Hubble, Steacy	Teacher - Comms	Wilson, Aron	Teacher - Science
Hughes, Leanna	Educational Assistant	Wood, Jennifer	Teacher - Math
Hunt, Matt	Teacher - Math/BLCS		
Johnson, Jennifer	Educational Assistant		
Kearns, Ryan	Teacher - Math		
Kelly, Amelia	Dept. Head - Math		
Kelsey, Shalane	Dept. Head - Student Services		
Kenny, Gennaro	Caretaker		
Kinney, Kristen	Teacher - Support/HAL		
Klaassen, Emily	Teacher - BLCS/Arts		
Laplante, Jeremy	Educational Assistant		
Latourell, Amanda	Teacher - Comms/Support		
Lavender, Shawn	Teacher - Tech/Support/Alt Ed		
Lemoine, Petrina	Educational Assistant		
Leroux, Robyn-Michelle	Teacher - HAL		
Li, Alex	Teacher - Math		
MacDonald, Paul	Principal		
Mahoney, Ron	Teacher - Tech		
Mair, Rebecca	Teacher - Tech		



Weekly Announcements



Please click for weekly announcements at NDSS:

[Click Here](#)



StuCo 2026-2027

Welcome to the members of Student Council for the 2026-2027 school year:

Avery Ballance-Hinch

Brock Boutilier

Wesley Davey

Addyson Hudgins

Ben Kerr

Peyton Brooks



We look forward to the energy and leadership you will bring this school year!

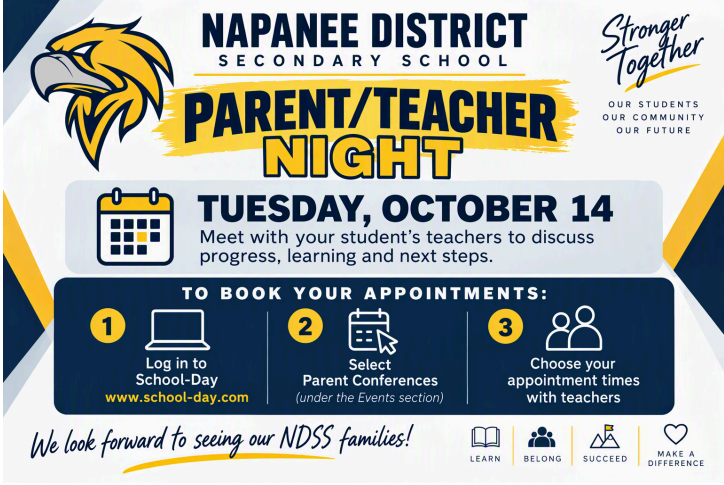


Save the Date

Oct. 12	Thanksgiving
Oct. 13	Photo Retake Day
Oct. 26	PD Day
Nov. 11	Remembrance Day
Nov. 17-18	Literacy Test (Gr. 10)
Nov. 20	PD Day
Nov. 23-24	Literacy Test (Gr. 10)
Nov. 26	Literacy Test (Gr. 10)

Connect with Your Student's Teachers on October 14

NDSS looks forward to welcoming families to Parent/Guardian Night on Wednesday, October 14. This is an important opportunity to connect with teachers and discuss your student's progress, strengths, and next steps. Please log in to [School-Day](#) and select **Parent Conferences** to book appointments with your student's teachers.



NAPANEE DISTRICT
SECONDARY SCHOOL

PARENT/TEACHER NIGHT

TUESDAY, OCTOBER 14
Meet with your student's teachers to discuss progress, learning and next steps.

TO BOOK YOUR APPOINTMENTS:

- 1 Log in to School-Day
www.school-day.com
- 2 Select Parent Conferences
(under the Events section)
- 3 Choose your appointment times with teachers

We look forward to seeing our NDSS families!

LEARN | BELONG | SUCCEED | MAKE A DIFFERENCE

Stronger Together
OUR STUDENTS
OUR COMMUNITY
OUR FUTURE

Graphic Generated with AI



Hawks Have Character!

As we kick off the 2026-2027 school year, we are excited to announce that we will be focusing on the “Hawks Have Character” traits each month throughout the year. This initiative is designed to foster a positive and supportive school environment where every student can thrive.



Throughout the year, we will celebrate and embrace valuable character traits such as Perseverance, Good Judgement, Courage, Respect, Integrity, Self-Discipline, Responsibility, and Kindness. These traits are essential in shaping not only individual character but also the character of our entire school community.

We have seen these qualities displayed daily by our students and staff, creating an environment where everyone feels valued and supported. Your commitment to embodying these traits has made NDSS a place where strong character thrives and where we can all be proud to belong.

As we begin this year's focus, we encourage everyone to carry these values forward. Let's continue to support one another, creating an environment where these important traits thrive, and where every member of our community feels empowered to contribute positively.

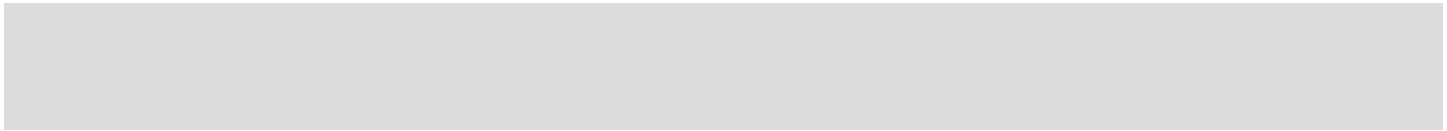
Your efforts have made a significant impact on our school, and we are grateful for your commitment to building a strong and vibrant NDSS community. Together, we will make this school year a memorable and successful one.

Wishing you all a wonderful start to the school year. Let's build on the foundation of strong character that we have established together.



Assessment and Evaluation A Family Guide







The Hawk Eye

Keeping an eye on all things NDSS Athletics

For NDSS Athletes

Hello Fall Athletes and Families,

As we get into the fall sports season, there is an **important item that MUST be completed** for students participating in Hawk Athletics.

HUMAN RIGHTS & ATHLETICS ONLINE MODULE – DUE OCTOBER 5

All fall athletes **MUST complete the Human Rights and Athletics Online Module by Monday, October 5th**. Students will need their **Minds Online school login information** to access the module. Parents DO NOT have access to the module - **this must be accessed through the Student's MindsONLINE**

Where to find it:

1. Log into **Minds Online**
2. Go to the LDSB Secondary Homepage
3. Find the **# Extra Curricular** semester tab
4. Open the **My Minds Online Courses** widget
5. Locate the **Human Rights and Athletics** module



Content



Awards

Human Rights and Athletics Module - PREVIEW

Welcome to the Human Rights and Athletics online module.

This module has been created for Limestone District School Board (LDSB) Kingston Area Secondary Schools Athletics Association (KASSAA) athletes to protect and preserve the human rights of all athletes. The human right to participate in sports is part of everyone's right to participate in cultural life. It encompasses the freedom, either individually or in community with others, to engage in all sorts of sporting activities without discrimination, to equally access sporting activities regardless of factors such as age, colour, sex and gender, sexual orientation, language, religion, political or other opinion, national or social origin, property, disability, birth or other status, as well as the right to maintain and transmit sports practices as a form of cultural heritage. The right also protects traditional and alternative forms of sports, play and community games.

Let's get started! Click the "**Content**" icon on the toolbar to begin.

Need help? Students can see their coach or **Mr. Mills** if they would like support accessing or completing the module.

This module is mandatory and must be completed by October 5th.

We want our students on the court and field, not sitting out because a required item hasn't been completed.

Thank you for supporting **NDSS Hawks Athletics** and helping us continue to provide quality athletic opportunities for our students.

Go Hawks!

Sr. Boys Volleyball Success!

Last Friday our Senior Boys Volleyball team invited 7 schools to a tournament here at NDSS. The Hawks volleyball team made sure to remind all visiting teams that we own this house and put up an extraordinary performance.

Your Senior Boys did not lose a single set in the playoffs and won the tournament with a healthy margin. If you see any of them in the hallway, please congratulate them on their gold medal performance.



Hawk Athletes in the News

[NDSS Hawks kick-off KASSAA football season](#)



Terry Fox

Marathon of Hope

NDSS Terry Fox Event

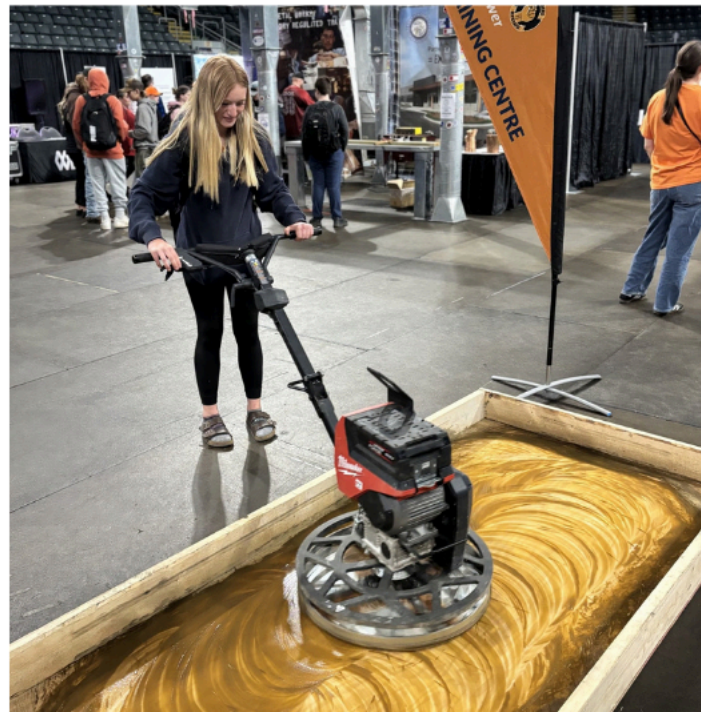
On Monday, September 28, the NDSS community came together for our annual Terry Fox Event. Students and staff participated during Period 2, completing the outdoor course while honouring Terry's remarkable legacy of hope, courage, and perseverance. Thank you to our Athletic Council, staff, students, and families for supporting the event and helping raise funds for cancer research. It was another wonderful example of the generosity and community spirit of our Hawks!

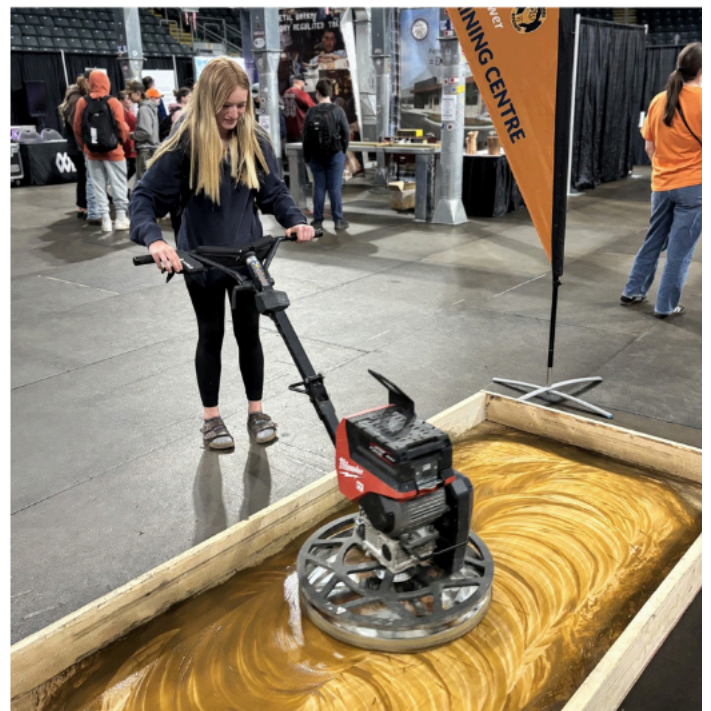
Thank you so much to everyone who has participated in our Terry Fox event, and donated so generously. Because of you we have raised \$1,808.20! Our goal for this year was to raise \$2100, even though we didn't get there, it was pretty close with being only \$200 shy. Way to go Hawks!



Exploring Futures at Level Up!

Our NDSS students had an exciting opportunity to explore future career possibilities at the Level Up! Skilled Trades Career Fair in Kingston. Students participated in hands-on demonstrations, connected with industry professionals, and learned about apprenticeship and training pathways in Ontario's skilled trades. The event encouraged students to discover how their interests, talents, and practical skills could lead to rewarding and in-demand careers.





National Day for Truth and Reconciliation

On September 30, the NDSS community recognized the National Day for Truth and Reconciliation and Orange Shirt Day. Students and staff were encouraged to wear orange as we honoured the children who never returned home, the Survivors of the Residential School System, and their families and communities. This important day reminds us of our shared responsibility to learn the truth about Canada's history, listen to Indigenous voices, and contribute to the ongoing work of truth and reconciliation.

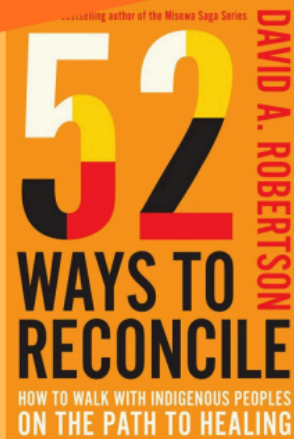
2026**ORANGE SHIRT DAY**

September 30th marks the National Day for Truth and Reconciliation, also recognized as Orange Shirt Day.

This day invites us to intentionally engage in learning about the Residential School System and the true history of relationships between Indigenous and non-Indigenous peoples in Canada. It is a time to mourn the children who never returned home, and to honour the Survivors, their families, and their communities. This day is part of a broader conversation about colonialism and systemic inequities. As we learn, it is essential to recognize and uplift Indigenous resilience and resistance, which continue to shape and strengthen communities across the country.

TAKE ACTION

- **Wear orange** to show solidarity and raise awareness.
- **Provide truthful education** about the Residential School System and Indigenous realities.
- **Read books** that share authentic Indigenous voices and experiences.
- **Volunteer** with Indigenous-led organizations that support community healing and empowerment.
- **Support Indigenous artists** by purchasing their work and sharing their stories.
- **Watch Indigenous films and documentaries** to deepen your understanding through storytelling.
- **Attend public Indigenous events** in your community to listen, learn, and build respectful relationships.



Spirit Week at NDSS

Oct. 5-9, 2026

NEXT WEEK

SPIRIT WEEK

This is our time to shine!

MONDAY

MAPLE MONDAY

Dress Canadian! Red and white, jersey, etc.



TUESDAY

TOES OUT TUESDAY

Sandal, crocs, slippers, etc. NO SOCKS!



WEDNESDAY

WAKE UP WEDNESDAY

Pyjamas, Robe, Bonnet, etc.



THURSDAY

TROPICAL TOURIST THURSDAY

Dress like you are going on vacation. Hawaiian shirt, sunglasses, shorts, etc.



FRIDAY

COLOUR HOUSE DAY

Wear your house colours



Let's bring the energy all week!

FRIDAY ASSEMBLY





NDSS Code of Conduct

NDSS is a school built on respect, responsibility, inclusion, and a commitment to excellence. Our goal is to create a learning environment where every student feels safe, valued, supported, and challenged to achieve their personal best.

The Code of Conduct exists to support positive relationships and a strong school culture. It outlines the expectations that help us maintain a safe, caring, inclusive, and academically focused learning environment. These expectations apply to all members of our school community and are rooted in the Ontario Provincial Code of Conduct and Limestone District School Board policies and procedures.

At NDSS, we believe that positive relationships, regular attendance, responsible citizenship, and respectful behaviour are essential for success. We are committed to restorative approaches, progressive discipline, student voice, and providing support when challenges arise.

Students, families, staff, and community partners all play an important role in creating a school where everyone can learn, grow, and belong.

Thank you for your continued partnership in supporting the success and well-being of every NDSS student.



Hawks in Harmony: Arts and Music at NDSS

NDSS Music Department Off to a Great Start!

The NDSS Music Department is off to a fantastic start this year! We're excited to welcome Ms. Emily Williams to our teaching team. She has already jumped in to support our ensembles and has been a wonderful addition to the program.

Our NDSS Gold Band and NDSS Stage Band have already enjoyed several successful rehearsals, and we're looking forward to a great season ahead. Families of ensemble members can expect a welcome email within the next week.

We would also like to thank Michelle Hauser and Harmony Rock Skool for their incredibly generous donation of instruments, audio equipment, stage pieces, and lighting. These resources will benefit NDSS music students for years to come. While we're sad to see the Rock Skool program come to an end, its legacy will continue through the opportunities this equipment provides for young musicians in our community.

A special thank you goes to "Honest Bob" for the donation of acoustic sound tiles. These will help improve our practice spaces by better managing sound levels and creating a more effective learning environment.

The 2026-27 school year is shaping up to be an exciting one in the Arts Department, with many opportunities for students to get involved. Stay tuned for upcoming dates and events!



Limestone District School Board

Code of Conduct

Members of the school community will:

- Treat each other with kindness and respect
- Support learning and keep distractions out of class
- Help others when they are in need

Members of the school community will not:

- Bully, cyberbully, or encourage others to do so
- Harm others, including harm with the motivation of hate or discrimination
- Use a personal mobile device during class unless permitted by an educator
- Use, share or sell vape, nicotine and/or tobacco products on school property

Speak with a staff member if you or someone else needs help.

Visit ontario.ca/SchoolRules to learn more about the Provincial Code of Conduct



ontario.ca/SchoolRules

Ontario 

School Climate

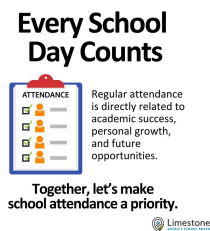
Respect. Everyone would agree that this is an important shared value. As outlined in the Ontario School Code of Conduct, NDSS Code of Conduct, LDSB Code of Conduct, and LDSB Safe and Caring Schools, we must respect and treat others fairly, regardless of their race, ancestry, place of origin, colour, ethnic origin, creed, sex, gender identity, gender expression, sexual orientation, age, marital status, family status or disability. We all need to consider the audience and impact of our words and actions and to remember that schools are places that must feel safe for everyone.

For September, our school community will be focused on kindness to help our new and returning Hawks feel welcomed!

Classroom Routines and Attendance. In our school community, it is critical that we respect and observe the routines necessary to maximize learning. Students are expected to attend school regularly and to attend all classes. Frequent absences from class may affect a student's grades. This September a focus will be on students arriving at each class on time and minimizing disruption to the learning environment.



ATTENDANCE MATTERS!



We want to emphasize the importance of attendance as it is fundamental to your success. Regular attendance builds a strong foundation for learning and contributes to a vibrant school community and academic success. Your active participation not only enhances your understanding of the curriculum but also fosters meaningful connections with peers and teachers.

When Absent:

- If students are under 18 years of age, verbal notification, or notification through School Messenger/Safe Arrival by the parent/guardian, each time the student is absent.
- Students 18 years of age and older must submit a written and legitimate reason for absence to the Attendance Office. Reasons for signing out or for absence will be monitored and a doctor's note may be requested at the student's expense. A doctor's note must be provided for absence on Examination days.

Legitimate reasons for absence from school are:

- Illness or other unavoidable cause
- Music instruction not exceeding one-half day in any week
- Suspension or expulsion
- Holy Day for religious denomination to which student belongs

A student who has signed out or been signed out by a parent/guardian must leave the school property. A student may not be signed out from class in order to work in another area of the school.

Education Act – School Attendance - [Education Act, R.S.O. 1990, c. E.2 \(ontario.ca\)](#)

https://napaneedss.limestone.on.ca/documents/AttendanceMiddle_High_Handout.pdf

Classroom Expectations and Cell Phone Guidelines

The staff at NDSS are excited to start the new school year and to receive your children on September 3rd. As the Admin Team, we also want you to know how grateful we are and look forward to enhancing the relationship we have as we support your children for the 2025-26 school year.

As you are likely aware changes to Personal Mobile Device legislation have now been put in place and I want to provide you with what that will look like in our school:

Policy/Program Memorandum 128 - Restrictions to Student Personal Mobile Device Use

At NDSS, we strive for our students to be healthy, happy, and fully engaged in their learning journey. We encourage them to pursue growth and always aim to be the best version of themselves. To support student learning at NDSS, we have developed guidelines for the use of personal mobile devices (cell phones).

Personal Mobile Device Definition

Any device that has internet access, texting, music, or gaming capabilities.

Personal Mobile Device Guidelines

- Personal mobile device is in your bag, in your locker, or the space provided by your teacher (not on your person).
- Headphones/earbuds are not in use during teacher instruction and class time.
- No personal mobile devices in washrooms or changerooms.
- Smart Watches notifications are turned off during instruction and class time.
- Teachers will indicate if there are specific learning situations that support personal mobile device use.
- Students are welcome to access their devices during breaks and/or lunch.

Teachers will reach out to parents to work together to help your child understand the new guidelines. Teachers will connect with administrators for support if some students continue to struggle.

We believe (and research supports) that cell phone use is having a negative impact on student learning, engagement, mental health, and social and emotional development.

We believe in implementing these guidelines with care and compassion. We want to support our students in understanding how cell phones impact their learning and wellbeing. We also want to teach our students how to use cell phones appropriately and in a healthy way. Thank you for your support!

(CTIP)



[Policy/Program Memorandum 128 | Education in Ontario: policy and program direction](#)

Read the Ministry of Education's direction and expectations for district school boards and school authorities. Direction is issued as policy documents called Policy and Program Memoranda (PPM), which are all given a specific number.

ontario.ca



CELL PHONE USE GUIDELINES

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- Teachers will indicate if there are specific learning situations that support personal mobile device use.
- Students are welcome to access their devices during breaks and/or lunch.

FAQs

Q: How can I reach my child if I need to contact them?

A: In the event of an emergency, you can always contact your child through the office at 613-354-3381. Every classroom has a telephone. The office can call your child's classroom so you can connect with them.

Q: What will happen if my child is struggling with the new guidelines?

A: Teachers will reach out to parents to work together to help your child understand the new guidelines. Teachers will connect with administrators for support if students continue to struggle.

Q: Why are you implementing these guidelines?

A: We believe (and research supports) that cell phone use is having a negative impact on student learning, engagement, mental health, and social and emotional development.

We believe in implementing these guidelines with care and compassion. We want to support our students in understanding how cell phones impact their learning and wellbeing. We also want to teach our students how to use cell phones appropriately and in a healthy way. **Thank you for your support!**

CTIP: The Use of Personal Mobile Devices in CDN Schools

Respect in the Workplace Everyone deserves it.

Our school promotes a safe and inclusive working and learning environment. Interactions with staff, students, families and visitors are to be respectful, professional and considerate.

Abusive, aggressive or disrespectful behaviour is not welcome and will not be tolerated.



Concussion Protocols

The Limestone District School Board is committed to helping all students succeed and lead safe, healthy, and active lives. As part of its commitment to student safety, injury prevention, and well-being, the Ministry of Education supports concussion awareness, prevention, identification, management, tracking, and training in schools through legislation, policy, and resources.

On March 7, 2018, the Ontario government enacted [Rowan's Law \(Concussion Safety\), 2018](#), and amended the Education Act, to protect amateur athletes, including students, by improving concussion safety on the field and at school. The amendments to the Education Act came into force on July 1, 2019, and give the Minister of Education the authority to require school boards to comply with policy and guidelines on concussions, consistent with Rowan's Law.

All school boards in Ontario are required to have a policy on concussion

safety for students. These are outlined in [Administrative Procedure 142: Concussions](#), as well as a variety of supporting resources and documents that outline a code of conduct for students and families, flow charts to identify and diagnose a concussion and assessment and management forms. The [Ontario Physical Activity and Safety Standards in Education](#) has information on their website regarding the concussion protocol.

Concussion awareness resources:

[Concussion awareness resources ages 10 and under](#)

[Concussion awareness resources ages 11 to 14](#)

[Concussion awareness resources ages 15 and up](#)

Limestone District School Board Concussion Codes of Conduct:

[Concussion Code of Conduct for Interschool Sports - Coach/Team Trainer](#)

[Concussion Code of Conduct for Interschool Sports - Parent/Guardian](#)

[Concussion Code of Conduct for Interschool Sports - Students](#)



2026-2027 LDSB School Year Calendar

 [2026-2027-LDSB Calendar 2026-2027.pdf](#)



Daily Schedule

Time	Period
8:10 to 8:15 a.m.	Homeroom
8:15 to 9:30 a.m.	Block 1
9:30 to 9:38 a.m.	Break
9:38 to 10:53 a.m.	Block 2
10:53 to 11:52 a.m.	Lunch
11:52 a.m. to 1:07 p.m.	Block 3
1:07 to 1:15 p.m.	Break
1:15 to 2:30 p.m.	Block 4

Vaping and Washroom Conduct

At NDSS, vaping and spending excessive time in washrooms is prohibited. Vaping can pose significant health risks, and students found vaping on school grounds may be subject to consequences. If necessary, we will keep parents, guardians, and public health officials informed. We kindly ask that you remind your children that staff will continue to supervise washroom common areas as needed.



Human Rights Reporting

A poster with information on the human rights reporting tool is displayed in our halls and classrooms. If someone experiences or witnesses a violation of these rights, we encourage them to report it to a trusted adult or use the human rights reporting tool by scanning the provided QR code. We are committed to ensuring our school is a safe environment for everyone. Slurs, epithets, discrimination, bullying (verbal, social, physical, or cyber), and symbols of hate are all violations of the Human Rights Code. If you or your child have any questions or concerns, please do not hesitate to reach out to us.

HUMAN RIGHTS

ARE FOR EVERYONE

We are all born free and equal

The Limestone District School Board is committed to creating an equitable, inclusive, and accessible school and work climate that upholds the **Ontario Human Rights Code**.



Everyone is entitled to these rights

The Code recognizes that all people:

- Have human rights that cannot be infringed upon or dismissed.
- Have individual dignity and worth.
- Are entitled to equal rights and opportunities without discrimination.

Respecting human rights is a collective responsibility

We all have a part to play in ensuring that everyone's human rights are respected.



Everyone has the right to live in freedom and safety

The **Ontario Human Rights Code** prohibits discrimination on the following grounds:

- Age
- Ancestry, colour, race
- Citizenship
- Creed
- Disability | Perceived disability
- Discrimination because of association
- Ethnic origin
- Family status | Marital status (incl. single status)
- Gender identity and gender expression
- Place of origin
- Reprisal
- Sex
- Sexual orientation

Your human rights are legally protected

The **Ontario Human Rights Code** is the human rights law in Ontario. You are legally protected from discrimination based on any of these grounds and have a right to an environment free from discrimination.

If you believe your human rights or someone else's have been violated



Submit a human rights incident or complaint by using the **Student Human Rights Incidents and Complaints form** or by talking to your teacher, Principal, Vice-Principal, or any LDSB employee.

Updated November 2024

limestone.on.ca



School Messenger

SchoolMessenger App: Download the SchoolMessenger App to stay connected. Use your mobile device to download and install the free SchoolMessenger blue app from the Apple App Store or the Google Play Store, the SchoolMessenger website portal, or from within the LDSB mobile app. *New families will be able to create their account after the first day of attendance.

The first time you use the app, you must select Sign Up to create your account. Please ensure you use the same email address your student's school has on file. If you do not use that same email address, you will not be able to create an account.

How do I report an absence?

Please use the Safe Arrival system to report your child's absence; do not call the school to report an absence. If your child is going to be absent from learning, please ensure you use the Safe Arrival system to report the absence. *If your child will be late, please report a full day absence and then we will sign them in when they arrive. You cannot indicate a half day absence.*

How to report your absence:

1. Toll-free telephone

- Call **1-855-257-9349** toll-free to report an absence using the automated phone system.

2. School Messenger App

- Use your mobile device to download and install the free SchoolMessenger blue app from the Apple App Store or the Google Play Store, the [SchoolMessenger website portal](#), or from within the LDSB mobile app.
- The first time you use the app, you must select Sign Up to create your account. Please ensure you use the same email address your student's school has on file. If you do not use that same email address, you will not be able to create an account, or may not be able to see the "Attendance" option. You may have already created an account when we introduced the Communicate broadcast system.
- Select Attendance, then select Report an Absence and follow the prompts.
- **3. [SchoolMessenger SafeArrival Website Portal](#)**
Visit the [SchoolMessenger website portal](#).
- The first time you use the app, you must select Sign Up to create your account. Please ensure you use the same email address your student's school has on file. If you do not use that same email address, you will not be able to create an account, or may not be able to see the "Attendance" option. You may have already created an account when we introduced the Communicate broadcast system.
- Select Attendance, then Report an Absence and follow the prompts.



Student Accident Insurance

The Limestone District School Board requires that students have student accident insurance in order to participate in extra-curricular activities. Before students will be allowed to participate in these events, parents/guardians must confirm their own coverage for items not covered under the [Provincial Health Plan](#), or purchase an insurance plan.

Each year a Student Accident Insurance Plan is made available to all students on a voluntary basis. The plan provides protection for dental damage due to accidents, fracture benefits, and other important coverage, which are **not** covered under the Provincial Health Plan. Some parents may have dental plan coverage through their workplace but many of these plans are limited in one way or another, while this accident coverage is not. You should compare plans to make sure you have the coverage you need or desire.

In making this plan available, the Board wishes to make its position clear in the matter of insurance. Under the *Education Act*, the Board is not permitted to provide insurance coverage for accidents to pupils, therefore,

the Board recommends consideration of this plan to any parent who wishes to obtain this kind of insurance. Although the policy has all the advantages of a group plan, it is essentially a direct contract between the parent and the insurance company.

A family plan is also available for three or more students which permits the enrolment of students in the family who are attending schools outside the jurisdiction of this Board as long as at least one child in the family is attending a school within the Limestone District School Board.

If you wish to subscribe to this insurance, you may do so by completing the form handed out to students the first week of school and mailing it directly to [Reliable Life Insurance Company](#) in the stamped envelope provided. Or, for your convenience, you [may purchase directly online](#).

September 2026

Dear Parent/Guardian:

Each year a Student Accident Insurance Plan is made available for all students on a voluntary basis. The plan provides protection for **DENTAL DAMAGE DUE TO ACCIDENTS, FRACTURE BENEFITS AND OTHER IMPORTANT COVERAGES**, which are **NOT** covered under the Provincial Health Plan. Some parents/guardians may have Dental Plan coverage through their work but many of these plans may be limited. You should compare, to make sure you have the coverage you need or desire.

In making this plan available, the Board wishes to make its position clear in the matter of insurance. **UNDER THE EDUCATION ACT THE BOARD IS NOT PERMITTED TO PROVIDE INSURANCE COVERAGE FOR ACCIDENTS TO PUPILS. THEREFORE**, the Board recommends consideration of this plan to any parent/guardian, who wishes to obtain this kind of insurance. Although the policy has all the advantages of a group plan, it is essentially a direct contract between the parent/guardian and the insurance company.

BOARD POLICY REQUIRES THAT STUDENTS MUST HAVE STUDENT ACCIDENT INSURANCE COVERAGE IN ORDER TO PARTICIPATE IN SCHOOL-SPONSORED EXTRA-CURRICULAR ATHLETIC EVENTS. BEFORE THEY WILL BE ALLOWED TO PARTICIPATE IN THESE EVENTS, PARENTS/GUARDIANS MUST AT LEAST HAVE THEIR OWN COVERAGE FOR THEIR CHILD UNDER THEIR OWN PLAN OR PURCHASE THE SILVER ACCIDENT INSURANCE COVERAGE FOR THEIR CHILD AT A COST OF \$17.00 PER YEAR.

Because accidents can occur during non-school activities and summer holidays, all the plans being offered provide full 24 hour coverage. This is beneficial to your family, especially if your child intends to participate in sports activities outside of the school year period.

A family rate is available for three or more students in the same family. Students who are in the same family, but attending different schools, may all be insured under one policy. Please note that the **Platinum Plan** is available to students up to age 26 and also has an exclusive "Out-of-Province Emergency Medical" benefit with a limit of \$200,000.

Please note, convenient 3 year or 5 year plans are available only if coverage is purchased online at www.insuremykids.com.

Plan details are included within the enclosed informational brochure. If you require further information, you may contact Old Republic Canada 100 King St W. Suite 1100 | Hamilton, ON L8P 1A2 or call 1-800-463-5437. Alternatively, you may contact Sutherland Insurance at 1-800-263-1032. If you wish to purchase this insurance, you may do so online at www.insuremykids.com or call 1-800-463-5437. **PLEASE DO NOT SEND CASH.**

Yours sincerely,



Craig Young
Superintendent of Corporate Services
Encl.

The Limestone District School Board is situated on the traditional territories of the Anishinaabek and Haudenosaunee.

Karen McGregor, Chair | Krishna Burra, Director of Education and Secretary | Craig Young, Treasurer

[See Yourself in Limestone](#)

ACCIDENT INSURANCE

FOR COSTS NOT COVERED BY
GOVERNMENT OR WORK BENEFITS



CRACKED
TOOTH

\$1,958



FRACTURE

\$4,554

OR HAVE THOSE COSTS COVERED WITH:

SILVER PLAN

\$17
PER YEAR

- 10 Years Unlimited Dental
- \$6k Tutoring
- Ambulance Fees
- \$500 Paramedical
- \$750 Fracture/Dislocation
- \$15k Accidental Death
- + more

GOLD PLAN

\$25
PER YEAR

- 10 Years Unlimited Dental
- \$6k Tutoring
- Ambulance Fees
- \$500 Paramedical
- \$750 Fracture/Dislocation
- \$20k Accidental Death
- + more

PLATINUM PLAN

\$33
PER YEAR

- 10 Years Unlimited Dental
- \$200k Out of Province Medical
- \$6k Tutoring
- Ambulance Fees
- \$800 Paramedical
- \$1k Fracture/Dislocation
- \$30k Accidental Death
- + more

TO LEARN MORE OR BUY:

INSUREMYKIDS.COM

1-800-463-5437

Underwritten by Old Republic Insurance Company of Canada. Please visit insuremykids.com for detailed information on coverages, conditions, limitations and exclusions.



OLD REPUBLIC

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my kids®



ACCIDENT INSURANCE

PEACE OF MIND STARTING
AT **\$17** PER YEAR



AT SCHOOL

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AT PLAY

SAVE 5% OR 10% ON 3-YEAR OR 5-YEAR PLANS
ENJOY PEACE OF MIND NOT HAVING TO RENEW ANNUALLY



Limestone

DISTRICT SCHOOL BOARD

Napanee District Secondary School
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Phone: (613) 354-3381 | Email: napdi@limestone.on.ca | Website: [Home - Napanee District Secondary School](#)
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