

FAMILY STUDIES

Grade 9
Open
Individual and Family Living
HIF 100

Any Grade 11 or 12
university or university/
college preparation
course in Social Sciences
and Humanities, English
or Canadian and World
Studies.

Grade 12
University/College
Food and Nutrition
Sciences
HFA 4M0

Any Grade 11 or 12
college preparation
course in Social Sciences
and Humanities, English,
or Canadian and World
Studies.

Grade 12
University/College
Individuals and
Families in a Diverse
Society
HHS 4M0

Grade 10
Open
Food and Nutrition
HFN 200

Grade 11
College
Living and Working With
Children
HPW 3C0

Grade 12
Workplace
Parenting and Human
Development
HPD 4E0

Grade 10
Open
Hospitality and Tourism
TFJ 200

Grade 11
College
Managing Personal and
Family Resources
HIR 3C0

Grade 12
Open
The Fashion Industry
HNB 400

Grade 10
Open
Life Skills for Guys
HIF 20M

Grade 11
Open
Fashion and Creative
Expression
HNC 300

Grade 12
College
Child Development and
Gerontology
TPO 4C0

Grade 11
Open
Living Spaces and Shelter
HLS 300

Grade 11
Open
Parenting
HPC 300

Grade 11
Workplace
Hospitality and Tourism
TFJ 3E0

Grade 11
Workplace
Managing Personal
Resources
HIP 3E0

HIF100 GRADE 9, INDIVIDUAL, FAMILY AND SOCIAL LIVING - Open

This course explores the challenges faced by all people: how to meet basic needs, how to relate to others, how to manage resources, and how to become responsible members of society. Students will learn about how families work and the diversity of families and societies, and will have opportunities to develop interpersonal skills, decision-making skills, and practical skills related to family and social issues in daily life. The content of this course will combine food and nutrition, sewing and textiles, parenting, housing, economics, and the family. The students will be given an opportunity to develop many important family living skills through food labs, sewing projects, group work, research, and in-class activities.

HFN200 GRADE 10, FOOD AND NUTRITION - Open

This course explores the factors that affect attitudes and decisions about food, examines current issues of body image and food marketing, and is grounded in the scientific study of nutrition. Students will learn how to make informed food choices and how to prepare foods, and will investigate our Canadian food heritage and food industries, as well as global food issues. The course also introduces students to research skills related to food and nutrition. This course will include hands on projects about nutrition, working in kitchens and will involve research into food issues.

TFJ200 GRADE 10, HOSPITALITY AND TOURISM TECHNOLOGY - Open

This course emphasizes the scope of the hospitality and tourism industry. Students will study food origins, food-handling techniques and food preparation, health and safety standards, and the use of specialized tools and equipment. They will also investigate travel and tourism activities in Ontario, develop effective communication and management skills, and identify career opportunities in the hospitality and tourism industry. Expect some opportunities to prepare and serve food in a catering situation. This course involves a study of what tourism is and relates it to food preparation in a restaurant setting.

HIF20M GRADE 10, LIFE SKILLS FOR GUYS (INDIVIDUAL & FAMILY LIVING) - Open

This course explores the challenges faced by all people: how to meet basic needs, how to relate to others, how to manage resources, and how to become responsible members of society. Students will acquire knowledge and skills that are needed to make the transition to adulthood from the adolescent male perspective. The content of this course will combine aspects of food and nutrition, clothing management, parenting, housing, personal economics and the family. Students will be given the opportunity to develop these important life skills through participation in food labs, practical projects, group work, research and in-class activities. (Cannot take this course if already have earned an HIF100 credit.)

HPW3C0 GRADE 11, LIVING AND WORKING WITH CHILDREN - College

This course focuses on the well-being of children in families and community settings. Students will study child behaviour and child development in the context of relationships with parents and others in the community, and will learn through research and by observing and interacting with children. This course prepares students for further study of children, familiarizes them with occupational opportunities related to working with children, and introduces them to skills used in researching and investigating children's behaviour in response to others. Opportunities to work with children in real life situations, as well as experience with an infant simulator may occur. This course is a step toward college courses in child development.

HIR3C0 GRADE 11, MANAGING PERSONAL AND FAMILY RESOURCES - College

This course explores how to use human, material, and community resources effectively, and how to make informed choices with respect to clothing purchases, finance, food and nutrition, housing, and transportation. Students will learn about the dynamics of human interaction; how to make responsible choices in their transition to post-secondary education and careers; and strategies to enable them to manage time, talent, and money effectively. This course also introduces students to skills used in researching and investigating resource management. This course will help students plan their finances as they move into post-secondary education and beyond.

HIP3E0 GRADE 11, MANAGING PERSONAL RESOURCES - Workplace

This course prepares students for living independently and working successfully with others. Students will learn to manage their personal resources (including talent, money, and time), to develop interpersonal skills, and to understand economic influences on workplace issues, in order to make wise and responsible personal and occupational choices. The course emphasizes the achievement of expectations through practical experiences and introduces students to skills used in researching and investigating resource management.

HNC300 GRADE 11, FASHION AND CREATIVE EXPRESSION - Open

This course explores what clothing communicates about the wearer and how it becomes a creative and entrepreneurial outlet through the design and production processes. Students will learn, through practical experiences, about the nature of fashion design; the characteristics of fibres and fabrics; the construction, production, and marketing of clothing; and how to plan and care for a wardrobe that is appropriate for an individual's appearance, activities, employment, and lifestyle. Students will develop research skills as they explore the evolution of fashion and its relationship to society, culture, and individual psychology. The course will include an introduction to fashion design, textiles and fabrics, and sewing techniques required to make a garment. The student will acquire the supplies for a garment project.

HLS300 GRADE 11, LIVING SPACES AND SHELTER - Open

This course analyses how different types of living spaces and forms of shelter meet people's physical, social, emotional, and cultural needs and reflect society's values, established patterns of living, and economic and technological developments. Students will learn how to make practical decisions about where to live and how to create functional and pleasing environments, and will explore occupational opportunities related to housing and design. They will also learn skills used in researching and investigating living accommodations and housing. This course will help students with the who, what, where, why, and how of houses, apartments, etc. Interior decorating is included.

HPC300 GRADE 11, PARENTING - Open

This course focuses on the skills and knowledge needed to promote the positive and healthy nurturing of children, with particular emphasis on the critical importance of the early years to human development. Students will learn how to meet the developmental needs of young children, communicate and discipline effectively, and guide early behaviour. They will have practical experiences with infants, toddlers, and preschoolers, and will learn skills in researching and investigating questions relating to parenting. Provides the student with hands on experience dealing with young children in varied settings.

TFJ3E0 GRADE 11, HOSPITALITY AND TOURISM - Workplace

This course enables students to acquire knowledge and skills related to the food and beverage services sector of the tourism industry. Students will learn how to prepare, present, and serve food using a variety of tools and equipment and will develop an understanding of the fundamentals of providing high quality service to ensure customer satisfaction and the components of running a successful event or activity. Students will develop an awareness of health and safety practices, environmental and societal issues, and career opportunities in the food and beverage services sector.

HFA4M0 GRADE 12, FOOD AND NUTRITION SCIENCES - University/College

This course examines various nutritional, psychological, social, cultural, and global factors that influence people's food choices and customs. Students will learn about current Canadian and worldwide issues related to food, frameworks for making appropriate dietary choices, and food-preparation techniques. This course also refines students' skills used in researching and investigating issues related to food and nutrition. This course is intended to prepare students for further study in Foods and Nutrition in college or university. *Prerequisite: Any university, university/college, or college preparation course in social sciences and humanities, English, or Canadian and World Studies.*

HPD4E0 GRADE 12, PARENTING AND HUMAN DEVELOPMENT - Workplace

This course prepares students for occupations involving older children, and for the responsibility of parenting, with emphasis on school-age and adolescent children. Students will learn, through practical experience in the community, how early child development affects later development, success in school, and personal and social well-being throughout life, and how children and parents change over time. This course also develops students' skills in researching and investigating various aspects of parenting and human development. Students will encounter learning experiences with school age and adolescent children in classroom and workplace settings.

TPO4C0 GRADE 12, CHILD DEVELOPMENT AND GERONTOLOGY - College

This course helps students understand the stages of development and needs of children and the elderly. Students will master the fundamental skills required to meet these needs; acquire an awareness of legislation governing the care of children and of elderly people who require support or supervision; evaluate social and recreational activities for children and the elderly; and assess available facilities. Students will also examine career paths in child and geriatric care, the impact of technological developments on products and services, and health and safety laws. Suitable for students wishing to pursue a career in PSW, DSW and other related healthcare fields.

HNB400 GRADE 12, THE FASHION INDUSTRY - Open

This course provides a historical perspective on fashion and design, exploring the origins, influence, and importance of fashion as an expression of national, cultural, religious, and personal identity. Students will learn about the many facets of the Canadian fashion industry, including both large-scale and small entrepreneurial enterprises, and its worldwide link, as well as gaining practical experience in garment design, production, and care. This course also refines students' skills used in researching and investigating various aspects of the fashion industry. Included will be a detailed study of textiles and fabrics culminating with a sewing project for which the student will acquire the supplies.

HHS4M0 GRADE 12, INDIVIDUALS AND FAMILIES IN A DIVERSE SOCIETY - University/College

This course applies current theories and research from the disciplines of anthropology, psychology, and sociology to the study of individual development, family behaviour, intimate and parent-child relationships, and the ways in which families interact within the diverse Canadian society. Students will learn the interpersonal skills required to contribute to the well-being of families, and the investigative skills required to conduct and evaluate research about individuals and families. This course will introduce students to terms and theories that are used in college or university sociology, and psychology courses. *Prerequisite: Any university, university/college, or college preparation course in social sciences and humanities, English or Canadian and World Studies.*